

Fashion Prepares for the First Summer Week End



One's Swimming
Toes Should be
Ready Should Kindly Weather Permit

The Week-end Negligee
is Usually a Rather
Impressive Affair

With Decoration Day Is
Due Summer and Sum-
mery Frocks Are In
Readiness -- A Combin-
ation of Formal and In-
formal Toggery Is the
Week-End Wardrobe
Now -- New Bathing
Suits -- Enter, the 1915
Outing Girl.

THERE is something to be thank-
ful for, after all, this year of
wars, high prices and other mis-
fortunes that keep the news-
papers busy--for all the big holidays
from now on to the year's end will
occur conveniently on Saturday, Sun-
day or Monday so that the occasions
may be turned into delightful week-
end festivities instead of a mere day
of rest and relaxation here and there.

A week from today will be Decoration
Day, or Memorial Day, as it is
called in some localities, and since the
holiday will be celebrated on the Mon-
day following the 30th instant, there
will be three days for week-ending--
and there seems to be every evidence
that the opportunity will be taken ad-
vantage of wherever Decoration Day
is observed.

Various Costumes for the Week-End
Holiday.

If you will celebrate Decoration Day
by going up the river on a picnic, a
fresh white duck skirt, a thin blouse
and a sport coat over your arm will
amply suffice by way of costume; but
if your plans include a week-end so-
journ at somebody's country house,
the question of wardrobe will be much
more serious. In planning for this
early summer holiday one is never
quite certain of the weather. It may
be warm and sunny and June-like;
and it may be, quite possibly, cool and
damp and middle-of-May-like. It all
depends on how the wind blows.

So the week-end trunk must be
packed with wearables for both pos-
sibilities. The first requisite of course
is a coat which will keep one warm
over a thin frock if the east wind
decides to put a damper on the day,
and this coat will answer for motoring
and boating should these be part of
the program. A very stunning motor
and travel coat of tan-colored pongee
with navy blue silk trimmings is pic-
tured, and every woman will appre-
ciate at a glance the comfort of this
loose yet graceful coat with its cir-
cular back and huge raglan sleeves.
In white serge this coat is even more
stunning but not as practical for trav-
eling as the model of tan pongee. It
might be developed also in silk poplin,
in broadcloth or even in taffeta or
satin. Made of navy blue serge with
black satin collar and cuffs and a lin-
ing of bright colored taffeta, it would
be the coat of coats for all-around
summer wear.

If trimmer lines are fancied in the



An Adaptable Little Afternoon
Frock which is Formal or
Informal According to
Its Accessories

In Watteau Shades of Faint
Pink and Soft Blue is this
Week-end Dance Frock

sport coat, there are mannish models
of gabardine and covert, some cut like
a raglan-sleeved overcoat, others with
a loose belt and flare below, and al-
ways the huge patch pockets that are
a badge of coat-smartness this year.
Such a coat may be had for from
twenty to thirty-five dollars and will
add much to the knowingness and
smartness of the week-end get-up.
Paris has created a new silhouette for
the separate coat and, though this
new style has appeared over here only
spasmodically as yet, it may soon be
the rage. Drecoll stands sponsor for
this new coat, which is very dashing
part fits in to the waistline with a
few well distributed gathers and a
redingote lower section, flaring tre-
mendously below the knee is stitched
to the upper part without any sug-
gestion of belt-line. The shoulders have
a narrow line but the sleeves flare a
little below the elbow and have very

deep cuffs at the wrist. This coat,
developed in covert cloth, is bound at
all edges with braid and is trimmed
with flat gilt buttons and immense
pendulum pockets of gold-braided
blue cloth. A lining of blue taffeta
matches the pocket motifs.

An Indoor-Outdoor Frock.

So much for the week-end coat.
Now under consideration must come
the frock that goes under it for the
train journey. It is much better to
travel in one's dressy frock, covering
it with the loose coat, than to wear
a tailored suit which will not be used
at all probably during the week-end in
the country, and the tailored traveling
suit will mean carrying the big coat
over one's arm and giving precious
space in the suitcase or small week-
end trunk to the necessary formal
frock. Every woman has to have, in
summer, one frock that is adaptable
to various occasions; a frock not too

light for traveling or dining in town;
not too fussily trimmed to be correct
for a morning's shopping; not too in-
formal for wear at a formal affair in
company with smart hat, gloves and
parasol. It is something of a problem
to achieve such a frock, but most
women do achieve it--and the answer
is usually printed silk of one sort or
another. Very practical but pleasur-
ably different from the eternal silk uti-
lity frock is a costume of silk striped
crepe pictured. Threads of navy blue
silk run through the fine white cotton
crepe and produce a general tone of
grayish blue in the fabric. The wide,
smart collar is of grayish-blue satin
matching the tone of the silk striped
crepe; the draped girdle is also of
this blue silk and the batiste fichu
and cuffs are delicately edged with
blue scalloping. White silk gloves en-
brodered in blue and a blue, lightly
rolled sun-umbrella lend formality to
the pretty little frock which without
the hat of shirred white silk and chif-
fon, would be equally desirable as an



Ample Coat for Motor
and Travel Wear

Now Steps Forth the Outing
Girl, Correctly
Garbed for Summer
Sports

Indoor frock for afternoon dancing
wear.

The white silk hat is trimmed with
white roses and green leaves and its
wide brim has the very fashionable
shepherdess dip at the center front.
Under the shady hat brim one catches
a glimpse of the new coiffure, much
affected just now by younger women.
The hair is worn low over the ears
and coiled or rolled closely to the head
just above the nape, giving the effect
of short hair curled at the ends.
Three or four little curls are allowed
to bob over the ears and for these of
course the hair has to be clipped a
trifle into short locks.

Dance Frocks Looped and Puffed Up.

One other formal costume the week-
end will demand; and that is the
dance frock without which no modern
woman ever goes away for more than
twenty-four hours. Whether one
cares for dancing or not these days,
one must acquire the art and go
through the paces, or submit to being
left forlornly alone for at least a third
of the time; for every country house
has its phonograph and the dance en-
thusiast is always setting it going, just
to "start something." Rather new in
a dance frock is a dainty Watteau
blue lace and a touch of Natter
cream lace achieve the color combi-
nation and the clusters of ribbon flow-
ers at corsage, hip and knee are white
and faint pink. With this delicately
tinted frock the necklace of jet and
crystal and the bracelet of white metal
and jet are strikingly effective. In
the simple coiffure is thrust one of
the new javelin pins with curved blade

like a Malay kris. The new dance
frocks are looped and puffed up in the
skirt in various fascinating ways, some
of them copying the Watteau effects,
others having the puffing around the
feet with gauzy petticoats of lace
showing beneath. If the skirt of a
dance frock is of satin or silk, it is
usually draped or looped up in some
way to show this inevitable lace pet-
ticoat which is particularly graceful
and alluring in a dancing costume.
The colonial effect has evidently been
aimed at in the pictured frock with
its stately satin skirt opened in front
to show the petticoat of lace, and its
pointed bodice worn outside the skirt
without sash or girdle. The bodice
is, in fact, a girdle, the band of Nat-
tler ribbon across its top dividing it
from the little sleeveless yoke of lace
and satin.

For Out-of-Door Wear.

But these costumes of formality are
not the really important feature of
the first summer week-end. They are
merely the fillers-in, so to speak. The
important wearables are the out-of-
door togs, the sport clothes which pay
homage to summer's advent. This year
there can be no smarter sport costume
than the combination of white sepa-
rate skirt and graceful tailored
blouse, and the designs of the new
sport skirt are many and diverse. A
sport skirt of white corduroy is pic-
tured, a very good model for the con-
sideration of any woman who is plan-
ning an out-of-door wardrobe. The
corduroy skirt is of circular cord cut
with new, exaggerated pocket motifs
trimmed conspicuously with buttons.
The placket opening comes at the

side, under one of the buttoned pack-
ets and at the back the skirt has a
jaunty circular swing. The blouse is
of white tub silk with loose comfort-
able lines and long sleeves that may be
unbuttoned and rolled up on the arm
in a strenuous game. As pictured,
with high-heeled white buckskin
pumps and a tailored hat, the cos-
tume is suitable for archery or any
lawn pastime; with a panama hat and
rubber-soled shoes it would be equally
suitable for tennis or boating.

The bathing suit has its first im-
mersion--if its wearer is too enthu-
siastic to mind rather cold water--
at Decoration Day time. The very
smart bathing suit now has a straight,
chemise-like tunic, held in at the
waist under a loosely tied sash of gay
silk. The arrangement of the sash in
the picture, with shirring at the sides
where the sash is stitched to the tunic,
is very graceful. Here also is pic-
tured the new Romany bathing cap,
knotted behind the ear like a gypsy's
kerchief.

An elaborate and lovely negligee for
week-end wear is of shadow lace
dropped over a tunic of pink chiffon,
a deep satin hem protecting the airy
garment at the foot. The chiffon
sleeves are looped up on a half of ab-
sorbent cotton. Then apply the milk-
soaked compresses, changing them as
fast as they cool. Keep this up for at
least twenty minutes. Then bathe the
neck in cool water and pat dry.

An excellent whiteners may be made
of parsley from the kitchen garden.
Boil a handful of the parsley in a
quart of distilled water and add 15
grains each of powdered alum, pow-
dered borax and pulverized camphor.
Shake well before using.

Keeping the Telltale Throat Young and Firm

WITH the exception, perhaps,
of the hands, there is no part
of the body that shows age
traces as early as the throat.
Of course there are exceptions also to
this rule and some women have round,
full throats with a youthful line from
ear to collar-bone at forty and even at
fifty, but the average throat begins to
"go off" or, in other words, to show
signs of departing youth in the late
thirties--sometimes earlier.

It should be the aim of every
woman to keep her throat as young
and unspotted as possible, for a with-
ered and lined throat will give away
the fatal secret of years no matter
how smooth and charming a complex-
ion may be, through good luck, assid-
uous massage or the saving grace of a
salubrious climate. Age places its
devastating finger now in one place
and now in another; sometimes ap-
pear on the hair where white threads appear;
little lines; sometimes under the chin
in an unsightly pouch of fat; some-
times in the curve of the spine; some-
times on the hands which become
veined and talon-like or a maze of
creases while face and hair are still
untouched. But most often it is the
throat that feels those first inexorable
finger-marks of age; yet it is apt to
be the throat that is longest neglected
and ignored by woman, whose anxious
attention is concentrated on fading
fairness of complexion, silvery threads
in the tresses and changing figure
lines.

All this by way of warning. Keep
the throat firm and young by at least
as much care as is bestowed upon
complexion, hair and hands, and its
white beauty will reward the effort
for years after youthfulness has de-
parted from the face.

Every night before retiring and at
least once during the day these ex-
ercises for the neck should be taken:
With the shoulders held easily back,
bend the head slowly forward as far
as it will go, until the chin touches
the breast, letting the "pull" come on

the muscles at the back of the neck.
Then, just as slowly and deliberately
raise the chin and bend the head far
back until the muscles under the chin
are pulled taut. Repeat these two
movements at least ten times. Now
bend the head far to the right side
until the muscles under the left ear
stretch appreciably, then far to the
left side in the same way. Repeat
ten times. Finally, allow the head to
move around in a circle with muscles
relaxed as though it were a ball bal-
anced on the end of a stick--the stick
your spine. This is one of the best
exercises for keeping the neck round,
full and firm.

Every night--and whenever you
think of it during the day--massage
away any tendency toward double-
chin. The attitude of the hands is
shown in an illustration and the
fingers should press lightly from
the center of the throat, under the
chin, back to the ear. Then, turning
the hands over so that the thumbs
are down, bring the finger tips out
under the chin and upward toward the
ear--this to prevent sagging of the
cheek and chin muscles. At night this
massage may be given with a good
skin food; during the day repeat it
merely with the fingertips.

If you note the least tendency to-
ward flabbiness of the throat between
the collarbone and below the chin,
take this excellent physical culture
exercise every night: Thrust forward
the chin and throw back the shoul-
ders. With the teeth clenched and
the lips drawn back, vary much in
the pleasant expression of a snarling
dog, let your tongue press a long
"ss--ss" against your teeth. You
will immediately feel the tremendous
pull and tightening of the muscles of
the throat below the chin and in a few
weeks, if the exercise is kept up per-
sistently, the throat should round it-
self out.

Now I will tell you of various ways
to keep the throat fair and white. If
high, tight collars have left a disfigur-
ing brown mark, rub lemon juice on



Never let the least hint of a double
chin mar the youthful contour.